

TO: Parent/Guardian

FROM: Notre Dame Elementary and Notre Dame Middle School Nurse

We have had a case of Pneumonia reported in your child's grade. Please read the information below. If you have any questions or concerns, please contact the school clinic at (440) 279-1130 or email: [ebacnik@ndes.org](mailto:ebacnik@ndes.org)

- General information: Pneumonia is an infection of the lungs that can cause mild to severe illness. Pneumonia can be caused by viruses, bacteria, or fungi.
- What are the symptoms? Usual symptoms include: Cough, fever and chills, rapid breathing or difficulty breathing, and extreme fatigue.
- Watch your child for signs and symptoms of the disease for the next several weeks.
- If your child develops symptoms, please call your healthcare provider, inform the school, and keep your child home.
- Wash your hands routinely. Cover your cough or sneeze. Clean and disinfect frequently touched surfaces. Avoid being around people who are sick. Do not share personal items.
- If your child/children are experiencing any of these symptoms, please have them remain at home so they may benefit from rest and hopefully have a quicker recovery and to decrease the spread of possible pneumonia. Please have your child or children remain home until they have not had a fever for 24 hours without the use of fever reducing medication. Thank you for your understanding and support.